Get the Care You Need

Go to Student Health & Counseling Services. This is the required first step — except in an emergency — to get care that’s covered. SHCS is your health home at UC. Contact them at (530) 752-2340.

Get a referral. If you need non-emergency care outside of SHCS, get a referral from SHCS. This referral is an “okay” for you to receive specialty care at lower student rates when you do.

Make the most of in-network coverage. Use your SHCS referral with UC Davis Medical Center providers and other members of the UC Family’s nationally ranked medical centers, affiliated facilities and professional providers so you can receive specialty care at lower student rates.

Get help. If you have questions, call SHCS at (530) 752-2100 (main number). Or contact Anthem Blue Cross (Anthem) — our medical plan administrators — at (866) 940-8306 or anthem.com/la.

In an emergency. Go to the nearest emergency room, or Urgent Care Clinic, if appropriate — no referral needed.

Welcome to UC SHIP at UC Davis!

Built for students, with student involvement, the University of California Student Health Insurance Plan — UC SHIP — provides accessible and affordable coverage that protects you from unexpected health care costs that could affect your future success — graduation and beyond.

UC SHIP at UC Davis includes Medical, Pharmacy, Dental and Vision coverage for you, with the option of purchasing separate coverage for your eligible dependents. Plus, our worldwide medical coverage includes emergency and urgent care services provided anywhere in the world.

How SHCS and UC SHIP Work Together

SHCS and UC SHIP work together to provide comprehensive medical care that meets the diverse, individual needs of our students.

• You must first seek non-emergency medical care at SHCS by meeting with your primary care provider.
• If you need off-campus, non-emergency services, you will be issued referrals for care outside of SHCS. These referrals ensure that your additional care will be covered by UC SHIP.

You Need a Referral for Care Outside of SHCS

When you start with a SHCS referral, you can choose from UC Family or other health care providers — whether in or out of the Anthem network — and get necessary care that’s covered by UC SHIP.

Keep in mind that using UC Family or other Anthem in-network providers can save you money.

UC medical centers — and affiliated professional providers — are members of the Anthem Blue Cross Prudent Buyer network, but have agreed to offer their services to UC SHIP members at an even lower rate.

If you are referred for services outside of SHCS, ask for provider recommendations. You can also contact UC Davis Medical Center or Anthem for assistance with locating a network provider — it will help lower your out-of-pocket expenses.

Call the UC Davis Medical Center at:
• main number (916) 754-2011
Call Anthem at:
• customer service (866) 940-8306

UC SHIP Makes It Easy

Wherever you go, you’ll find care is close at hand:
• On campus at Student Health & Counseling Services (SHCS).
• At any UC medical center, affiliated facilities and professional providers (you’ll get an additional UC Family discount!).
• Throughout the United States with providers in the Anthem Blue Cross Prudent Buyer (PPO) network.

NEW! Going Mobile

Today you use your smartphone or tablet to connect with friends and family, manage your schedule, organize homework, get online and more.

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Your Medical Coverage

Highlights of your UC SHIP coverage are shown below. The Benefit Year Deductible applies unless stated otherwise. Visit www.ucop.edu/ucship for details. Certain expenses and services are excluded from Medical coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP site at www.ucop.edu/ucship.

IN-NETWORK

OFFICE VISITS

• SHCS: 100% after $5 copay
• Primary care: 100% after $5 copay
• Specialty care: 100% after $5 copay

UC Davis Medical Center
• Primary care: 100% after $5 copay
• Specialty care: 100% after $5 copay

ROUTINE PHYSICALS/STUDENT ABDULT PREVENTIVE CARE

100%

BEHAVIORAL HEALTH OFFICE VISITS

100% after $5 copay

INPATIENT HOSPITAL CARE

90% 80% 60%

60% after $100 copay

EMERGENCY

100% after $25 copay

Your Pharmacy Coverage

Catamaran is the new pharmacy benefit administrator for UC SHIP. You can take your prescription to any pharmacy, but you’ll pay the lowest costs if you take it to the SHCS pharmacy or any other Catamaran in network pharmacy.

Certain expenses and services are excluded from Pharmacy coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP website at www.ucop.edu/ucship.

IN-NETWORK

SHCS
• Preventive care: 100% after $0 copay, deductible waived

Dental service providers (e.g., orthodontics, oral surgery)

ANNUAL DEDUCTIBLE

The amount you pay before UC SHIP begins paying for services in each category.

$0

ANNUAL BENEFIT MAXIMUMS

The most the plan will pay out over the coverage period.

$10,000

$10,000

$6,000

OUTPATIENT PRESCRIPTION DRUGS

• 100% after $5 copay
• 100% after $25 brand-name formulary copay, 30-day supply
• 80% after $100 brand-name formulary copay, 30-day supply

Note: Some prescription coverage for FDA-approved generic prescription contraceptives and brand-name prescription contraceptives when a generic equivalent is not available.

Your Dental Coverage

UC SHIP provides the highest benefits when you receive services from dentists in the Delta Dental PPO network. You decide how you want to manage costs by selecting an in-network or out-of-network dentist.

Certain expenses and services are excluded from Dental coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP site at www.ucop.edu/ucship.

IN-NETWORK

Anterior Blue Cross Vision Insight Plan Network
• 100% after $5 copay
• 80% after $25 copay

OUT-NETWORK

Delta Dental PPO Network
• 100% after $5 copay
• 80% after $25 copay

General Services
• 100% after $1,000 copay

Your Vision Coverage

UC SHIP covers a greater portion of your fees when you receive exams, glasses or lenses from a provider in the Anthem Blue View Vision Insight Plan network. Manage your budget wisely — if you use a retail provider, be sure to determine whether it is in an network Anthem Blue View Vision Insight Plan provider before you make a purchase. Certain expenses and services are excluded from Vision coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP website at www.ucop.edu/ucship.