MISSION STATEMENT

We leverage a dynamic public health approach to foster and build environments, institutional practices and a campus culture that promote student success and lifelong well-being.

Changing the Campus Culture

- Established a unique UC Davis keyword with Crisis Text Line
- Created first campus-wide campaign to eliminate HIV stigma
- Installed five permanently marked on-campus walking loops
- Collected 263 pledges from students, staff and faculty supporting mental health
- Implemented and evaluated the “Aggies Act” medical amnesty protocol
- Developed and installed Nourish, a point-of-purchase food icon at campus eateries

Investing in Student Well-Being

- 14,000+ pieces of health education literature to local apartment complexes
- 8,000 sexual communication booklets distributed to incoming students
- 1,350 Nap Kits distributed
- 77,250 safer sex products distributed
- 101 rapid, anonymous HIV screenings conducted
- 650 free bike helmets distributed
- 16 paid student staff
- 24 student volunteers
- 2,795 volunteer hours

Text "RELATE" to 741741.
Leveraging External Funding Opportunities

$53,910 received from 6 external funding sources to implement campus-wide health promotion initiatives

Partnering for Well-Being

Meeting Students Where They Are

ON CAMPUS

47 programs with 2,031 participants
3,115 Therapy fluffies attendees
2,281 Love Lab visitors at the ARC, MU, and The Buzz

ONLINE

766 new followers on Love Lab social media (@UCDLoveLab)
5,000+ Safe Party website users
2,034 e-CHECKUP TO GO alcohol assessments completed by incoming students
13,806 Each Aggie Matters pageviews

Improving Access & Health Equity

Developed Food Access Map
Increased visibility of lactation supplies at Memorial Union
Developed mental health map
Advocacy for newly available Naloxone at the pharmacy
Created an interactive mental health calendar
Created online LGBTQIA+ health resource hub and SHCS LGBTQIA+ Task Force

"Hearing my peers talk about the campaigns or events we work on at HEP makes it feel like we are making a big difference in the health of UCD students."
— HEP Student Staff & Volunteers

"I didn't realize how much of an impact I would have on campus."
— HEP Student Staff & Volunteers