Nutrition Services is currently recruiting three student assistants for the 2015 – 16 academic year. These are paid positions ($10.50 per hour) and each is a three-quarter commitment. Student Assistants work 8 – 12 hours per week (average 10) when school is in session. Positions are available in each of the following topic areas:

- Nutrition Education Assistant
- Nutrition Services Assistant
- Teaching Kitchen Assistant

**Medical Clearance Requirement** Since this position is located at a health facility, all employees are required to participate in preventive medical and monitoring programs, which include a blood test and TB screening and may also include immunizations. These screenings are provided to meet Federal, State and University requirements.

### Nutrition Education Student Assistant

This position is ideal for a Clinical Nutrition major with an interest in community and clinical nutrition, sustainability, body image and wellness.

**Position Description**

Nutrition Intern duties for the position will be as follows:

- The student assistant will assist the registered dietitian in managing Nutrition Education classes of varied clinical nutrition topics (which may include weight management, diabetes, etc). This will also include teaching some of these classes to student participants in a group setting. This will include leading and teaching grocery shopping tours. This will also include conducting evaluations and analyzing results for each class.
- The student assistant will assist the registered dietitian in completing 24-hour diet recall nutrient analysis for clinical and community education purposes. This will also include discussing results of students in a one on one community counseling setting.
- There will be an opportunity to create and improve clinical and community nutrition education materials.

**Recommended Experience**

- Experience in public speaking and have exemplary organization skills
- Clinical Nutrition/Nutrition Science major or Nutrition Graduate Program
- Completed or is concurrently enrolled in the NUT 116 series
- Completed one or more previous internships
- Exemplary leadership and communication skills
- Self-directed but also works well in a group setting

### Nutrition Services Student Assistant

This position is ideal for a student who is passionate about nutrition topics including food insecurity, sustainability, wellness, cooking, and has excellent organizational skills. This position
is unique in that there will be opportunities to assist in all Nutrition Services focuses. This student will help coordinate communications between these programs.

**Position Description**

Nutrition Services Student Assistant duties for the position will be as follows:

- This student will work with a Registered Dietitian weekly
- This student will be collaborating and coordinating communications between all Student Assistant positions
- This student will be participating in Nutrition Services programming including Teaching Kitchen Cooking Classes, assisting in managing Fruit & Veggie Up! produce program, and the Eat Well, Live Healthy Wellness series
- This student assistant will contribute to marketing and web resources on the SHCS website, including helping with social media for events and updating the One Balanced Kitchen e-cookbook

The ideal student for this position is one who:

- has good communication skills and is looking forward to collaborating with many people
- is proactive and able to be self directed
- is interested in education and community outreach

**Teaching Kitchen Assistant**

This position is ideal for an undergraduate or graduate student who is passionate about cooking, nutrition, sustainability and wellness.

The Teaching Kitchen Assistant is responsible for managing the Teaching Kitchen program including schedule of classes, coordination with chefs and food suppliers, teaching hands on classes, maintaining food safety techniques and being creative.

**Position Description** Teaching Kitchen Assistant Responsibilities:

- Schedule cooking classes and create themes with Registered Dietitian (Approximately 4-5 classes a quarter)
- Coordinate chef and order/receive foods for class
- Set up and take down of classes, request volunteers as needed
- Assist Chefs as needed during class
- Maintain inventory of kitchen
- Analyze evaluations for each class and make recommendations based on feedback
- Be active participant in marketing for Teaching Kitchen

**Teaching Responsibilities**

- Teach Hands On Cooking classes including knife skills, cooking, food safety.
- Teach volunteers food safety skills.

**Qualifications**

Teaching Kitchen Assistant needs to have some nutrition education and cooking experience, experience teaching in front of a group, be well organized and extremely self-motivated. This position has a high level of responsibility and initiative. Student does not need to be an expert in cooking or nutrition but must be able to use research and resources to meet needs. **Must be food safety manager certified (ServSafe).**