

# Campus Resources

Academic, Health, Financial, and Social Support

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## Academic

- **Student Academic Success Center**

The SASC combines the services of the Academic Advising and Learning Skills Center departments to offer students workshops, small group tutoring, and tutors in math, chemistry, biology, statistics, writing skills, and English as a Second Language (ESL). The SASC also offers workshops in stress management; survival tips for freshmen, time management, critical reading, note taking, and test taking.

**Location** Dutton Hall

**Phone** (530) 752-3000

**Hours** Monday – Friday, 8:50 AM – 4:00 PM (including the lunch hour)

<http://sasc.ucdavis.edu/>

- **Educational Opportunity Program (EOP) Information Office**

EOP seeks to improve the access, retention and graduation of students from socially or economically disadvantaged backgrounds. EOP assists students by providing admissions and academic support services. EOP serves students from all ethnic backgrounds.

**Location** 106 South Hall

**Hours** Monday – Friday, 8:00 AM – 5:00 PM

**Phone** (530) 752 - 9366

**Email** eop@ucdavis.edu

<http://eop.ucdavis.edu/>

- **Internship and Career Center (ICC)**

Provides experiential education and career services to students and alumni through collaboration with the campus community and employers. Provides resume building workshops, job boards, career fairs, one on one career advising, and more.

**Location** South Hall

**Hours** Monday – Friday, 10:00 AM – 4:00 PM

**Phone** (530) 752 – 2855

**Email** icchelp@ucdavis.edu

<http://iccweb.ucdavis.edu>

- **Pre-Professional Advising**

Pre-professional advising offers advising services in the pre-graduate school, pre-law (MBA), pre-teaching credential, pre-business, and pre-health areas. Services include graduate and professional letter services through AMCAS and AADSAS.

**Location** 111 South Hall

**Hours** Monday – Friday, 9:00 AM – 12:00 PM, 1:00 PM – 5:00 PM

**Phone** (530) 754 – 4475

<http://advisingservices.ucdavis.edu/advising>

- **Transfer Reentry Veterans Center**

Helps recently transferred students adjust academically, socially, and emotionally to campus life by offering workshops, advising, social events, and connections to campus resources. These services include a reentry orientation held each quarter, academic workshops and social events,

referrals through the Reentry Resource Network to meet individual students' needs, and an office where students are welcome to relax and socialize.

**Location** 1210 Dutton Hall

**Phone** (530) 752-2200 – Transfer/Reentry

(530) 752-2020 - Veterans

**Email** [TRV@ucdavis.edu](mailto:TRV@ucdavis.edu), [vaoffice@ucdavis.edu](mailto:vaoffice@ucdavis.edu)

<http://trv.ucdavis.edu>

## **Health**

- **Alcoholics Anonymous (Center California Fellowship)**

A fellowship of men and women who share their experiences, strength, and hope with each other to solve their common problem and help others recover from alcoholism.

**Phone** (916) 454-1771

[http://www.aasacramento.org/meeting\\_schedules/schedule\\_davis.htm](http://www.aasacramento.org/meeting_schedules/schedule_davis.htm)

- **Alcohol, Tobacco & Other Drug (ATOD) Intervention Services**

ATOD Intervention Services works to empower students to make healthy and responsible choices concerning use of alcohol, tobacco and other drugs. No-use and low-risk behaviors are supported while the realities of the negative consequence of high-risk use are addressed. Strategies to reduce ATOD-related barriers to academic and social success are primary intervention goals.

**Phone** (530) 752-6334

<http://healthcenter.ucdavis.edu/services/intervention-atod.html>

- **Campus Violence Prevention Program (CVPP)**

Explores myths and exposes the realities of sexual violence, relationship violence, and hate related activity through prevention education. Provides immediate and confidential support to victims and survivors. CVPP's mission is to eliminate these forms of violence and to ensure support services for survivors. Call to schedule a confidential appointment.

**Phone** (530) 752-3299

**Email** [violenceprevention@ucdavis.edu](mailto:violenceprevention@ucdavis.edu)

<http://cvpp.ucdavis.edu>

- **Counseling and Psychological Services (CAPS)**

A department of Student Health & Counseling Services (SHCS), CAPS provides one on one counseling with trained staff, group counseling, eating disorder services, stress reduction services, psychiatric services, and career counseling, as well as group counseling.

**Location** North Hall & Caps Clinic at the Student Health & Wellness Center

**Hours** Monday – Friday, 8:00 AM – 4:30 PM (Wednesday: 9:00 AM – 4:30 PM)

**Phone** (530) 752-0871

<http://shcs.ucdavis.edu/services/caps>

- **CAPS Clinic – Mind Spa**

The second floor's Counseling and Psychological Services (CAPS) Clinic houses a Stress & Wellness Lab for students. Drop in and learn to use their two massage chair in the Mind Spa, where you can enhance your relaxation with guided relaxation and mindfulness audio resources and explore a computerized biofeedback program that helps to cultivate skillful stress management. Experienced Stress & Wellness student ambassadors are available to guide you through CAPS Clinic's relaxation resources.

**Location** Student Health & Wellness Center on the 2<sup>nd</sup> Floor CAPS Clinic

**Hours** Monday – Friday 11 AM – 5PM  
**Phone** (530) 752-0871  
<http://www.caps.ucdavis.edu/mindspa>

- **Campus Recreation**

Provides fitness, wellness, and recreation programs to the campus community.

**Activities and Recreation Center:** <http://campusrecreation.ucdavis.edu>

Programs include: Aquatics, Craft Center, Equestrian Center, Fitness & Wellness Center, Sports, Outdoor Adventures & Sport Clubs.

**ARC Hours** Monday – Thursday 6 AM – 1 AM  
Friday 6 AM – 11 PM  
Saturday 8 AM – 9 PM  
Sunday 9 AM – 12 AM

- **Health Education and Promotion (HEP)**

A division of Student Health & Counseling Services, HEP provides education and outreach to students in the areas of: Alcohol, Tobacco and Other Drugs; Sexual Health; and Wellness. HEP provides educational programs to student housing and by request to any student group, and services include free rapid oral HIV testing, nap kits and the Love Lab.

**Location** Student Health and Wellness Center, 3<sup>rd</sup> Floor, La Rue Road, across from the ARC

**Hours** Monday – Friday, 8:00AM – 4:30PM, Open Wednesday at 9:00 AM

**Phone** (530) 752-9652

<http://shcs.ucdavis.edu/hep>

- **The House**

Offers confidential peer drop-in/telephone counseling where students can receive counseling about personal and academic problems. House staff helps students with concerns about relationships, loneliness, depression, and personal growth and provide workshops and wellness programs.

**Location** TB 16 (adjacent to the Housing Office and across from Regan Residence Hall)

**Hours** Monday – Friday 8 AM – 5 PM

**Phone** (530) 752-2790

<http://thehouse.ucdavis.edu>

- **Student Health & Counseling Services (SHCS) Medical Services**

Provides campus health and wellness resources to students, including urgent care and consultative appointments, educational and treatment services for academic programs, education and disease and injury prevention.

**Location** Student Health and Wellness Center, La Rue Road, across from the ARC

**Phone** (530) 752-2300

**Advice Nurse** (530) 752-9649

**Appointments** (530) 752-2349

<http://shcs.ucdavis.edu>

## ***Financial***

- **Financial Aid Office**

Provides students with information and resources to financially support their educational goals.

**Location** Dutton Hall, First Floor

**Phone** (530) 752-2390

**Email** [undergradfinaid@ucdavis.edu](mailto:undergradfinaid@ucdavis.edu)

<http://financialaid.ucdavis.edu>

## ***Support***

- **Cross Cultural Center (CCC)**

The Cross-Cultural Center (CCC) supports and advocates for campus diversity. The CCC works to foster an understanding and appreciation for the cultures, traditions and histories reflected in the campus community, as well as social justice. They sponsor multicultural arts and educational programs, symposia, workshops, seminars, lectures, exhibits and performances; develop and fund opportunities for students to enhance their leadership potential. The CCC serves as a community center for the students, faculty and staff at UC Davis to explore themselves as well as learn about different ethnicity/race and culture.

**Location** Student Community Center

**Phone** (530) 752-4287

**Hours** Monday – Thursday 10 AM – 8 PM, Friday 9 AM – 5 PM

**Email** [ccc@ucdavis.edu](mailto:ccc@ucdavis.edu)

<http://ccc.ucdavis.edu/>

- **Lesbian Gay Bisexual Transgender Resource Center (LGBTRC)**

Provides an open, safe, inclusive space and community that is committed to challenging homophobia, biphobia, transphobia, and heterosexism. The LGBTRC promotes education about all genders and sexualities, as well as space for self-exploration of these identities. The LGBTRC is a dynamic, responsive and collaborative organization that serves UC Davis and the surrounding region by providing a growing spectrum of programs, resources, outreach and advocacy. Inherent in this mission are the values of respect, pride and unity for ALL individuals.

**Location** Student Community Center, Suite 1400

**Phone** (530) 752-2452

**Email** [eakrause@ucdavis.edu](mailto:eakrause@ucdavis.edu)

<http://lgbtrc.ucdavis.edu>

- **Student Recruitment and Retention Center (SRRC)**

A student-initiated and student-focused organization whose primary goal is to cultivate personal growth and an appreciation for diversity and education. The SRRC provides peer mentoring, study workshops, and academic support for UCD students, as well as activities for youth from various ethnic backgrounds aimed at advocating educational equity for all.

**Location** Student Community Center, Suite 1100

**Phone** (530) 754-6836

**Email** [srrc@ucdavis.edu](mailto:srrc@ucdavis.edu)

<http://thecenter.ucdavis.edu>

- **Student Disability Center**

Provides counseling services to students with a wide range of disabilities and ensures that they receive the necessary accommodations to give them equal access to the university's educational opportunities.

**Location** 54 Cowell Building

**Hours** Monday – Friday 9 AM – Noon, 1 PM – 4 PM

**Phone** (530) 752-3184 – Voice, (530) 752-6833 - TTY

<http://sdc.ucdavis.edu>

- **Women’s Resources and Research Center (WRRC)**

Seeks to educate the UCD community about important women’s issues and to advocate for gender equality across campus. The WRRC staff also strives to help women with their personal concerns, academic goals, and professional development by offering skill-enhancing workshops, hosting events, and providing a library and comfortable place where students can interact or receive mentoring/advising services.

**Location** North Hall, First Floor

**Phone** (530) 752-3372

<http://wrrc.ucdavis.edu>

## **Housing**

- **Academic Advising Center**

Provides academic support for each resident hall student. Trained peer advisors from the Student Academic Success Center (SASC) help students navigate academic planning, major exploration, grading options, internship information, and connections to other campus resources. Free tutoring support in all four colleges—Letters and Science, Biological Sciences, Engineering, and Agricultural & Environmental Sciences—in chemistry, math, writing, statistics, and biology.

**Segundo** (530) 754 - 0279 Segundo Services Building

**Tercero** (530) 752 - 5566 Tercero Main

**Cuarto** (530) 754 - 5915 Thoreau Hall

- **Student Housing Office**

Provides housing contracts to registered freshmen and transfer students, as well as general housing information and special needs for certain residents.

**Location** 160 Student Housing

**Phone** (530) 752-2033

**Email** [studenthousing@ucdavis.edu](mailto:studenthousing@ucdavis.edu)

<http://housing.ucdavis.edu/>