

MEASLES INFO

Student Health and Counseling Services's Infection Control & Safety Committee continues to monitor Measles in California and our area. Watch the SHCS website for info as it develops.

SIGNS & SYMPTOMS

The symptoms of measles generally appear about 7-21 days after a person is first infected. Two to four days after symptoms begin, a red, raised rash will appear throughout the body.

Measles typically begins with:

- High fever
- Cough
- Runny nose (coryza)
- Red, watery eyes (conjunctivitis)
- White spots inside the mouth (Koplik spots)

MEASLES INFO LINE

If you have questions, please call our designated information line at **(530) 752-2349**



RECOMMENDATIONS

“What should I do if I think I’ve been exposed to Measles?”



DETERMINE IF YOU ARE ALREADY IMMUNIZED

You're immunized if you have had two doses of the MMR vaccine after age 1, or a positive titer. If you don't have either of these, please send a message to your medical provider through the Health-e-Messaging Patient Portal



IF DIAGNOSED, PLEASE FOLLOW THE ADVICE OF YOUR PROVIDER TO LIMIT THE SPREAD OF THIS HIGHLY CONTAGIOUS ILLNESS

There is no specific treatment for Measles. If you have symptoms, please stay at home, drink plenty of fluids, and take a fever reducer (such as Tylenol).



CONTACT SHCS IF YOU HAVE QUESTIONS

If you would like additional medical advice, please send a message to your medical provider through the Health-e-Messaging Patient Portal or call our designated information line at **(530) 752-2349**.

NOTE: This advisory will be updated as new information becomes available. Please check back periodically. Health information courtesy CDC.gov.